



Instructions to **GENERATE THE REPORT**

INSTRUCTIONS TO GENERATE THE REPORT

Below are the necessary steps to generate the report from the activity data. The procedure is simple and intuitive:

Access the cloud application of Pedalling Pro System in your browser:

APP

The screenshot shows a web form titled "File Upload and Processing". Step 1 points to a dashed box labeled "Select File" containing the text "Drag and drop your file here, or click to select", "Supported formats: .csv, .fit, .txt", and "Maximum size: 100MB". Step 2 points to an input field labeled "Athlete Name" with the placeholder "Enter athlete name". Step 3 points to an input field labeled "Athlete Weight (kg)" with the placeholder "Enter athlete weight". Step 4 points to a blue "Upload File" button. A red "Reset Form" button is also visible at the bottom right of the form area.

STEPS TO FOLLOW

1. Click on the box and select the file you want to analyze, or drag it directly into the file upload box.
2. Enter the user's name
3. Enter the user's weight.
4. Click the corresponding button to upload the file.

A message will appear confirming that the file has been successfully uploaded.

File uploaded successfully!



.FIT ACTIVITY FILES

If a .FIT activity file is uploaded, buttons will be enabled to download either the Pedal Stroke Analysis Report or the Aerodynamic Analysis Report.

Download Report PDF

Download Aero Report

Click the corresponding button and the report will automatically start downloading in the browser. The report will have the same name as the original file but with a different extension.



NOTE

For the analysis to be accurate, the file must contain power, cadence, and altitude variables. Otherwise, the report may be incomplete or fail to download.



FILES GENERATED ON A ROLLER WITH PPS SW

In this case, only the Report button will be enabled.

Download Report PDF



- Trainer files are located in the 'DataPPS' folder.
- On Windows systems, the 'DataPPS' folder is in the same directory as the PPS SW.
- On Mac systems, the 'DataPPS' folder is located in the user's 'Home' directory.



GENERATING NEW REPORTS

You can select or drag a new file again, and the upload button will be re-enabled while keeping the athlete's data.

If you wish to delete this data, you can click the corresponding button.



If you have any questions, you can contact: info@pedallingprosystem.com